



Fred News

Summer 2025



Headteacher's Welcome

It seems impossible that we are here again wishing our young people a safe and happy summer break.

As you will see as you read on we have had a very busy summer term, lots of trips and visits and events in school.

I have been nothing but impressed by how staff and pupils have managed the very warm weather over the last few weeks, our focus has remained on learning and next steps, with the odd bit of water play thrown in to cool down!

When we return in September we will be sharing more regular updates about our new school, the move and transport etc. Carter's have been very inclusive, welcoming us to the site, enabling us to start to visualise our new school. We hope to share video updates to support us all with the transition.

Whilst it is always sad to say goodbye to colleagues and pupils, September sees us welcome new staff and families to our school community. Please do support our Friends of Fred's events to meet other families and support our school, more details to be shared in the autumn.

Have a fun summer break,

Heidi

Area Managers



In September, Katherine and Alice will join Helen in our Area Manager team. These are the classes the Area Managers will be working with...



Helen Baldwin	Katherine Savage	Alice Watts
Ash Class Maple Class Cherry Class Holly Class Orchard Lodge	Poplar Class Oak Class Pear Class Chestnut Class Pine Class Orchard House Orchard Pod	Willow Class Cedar Class Elm Class Lime Class Damson Class Sixth Form Orchard Class



Swaffham Topping Out

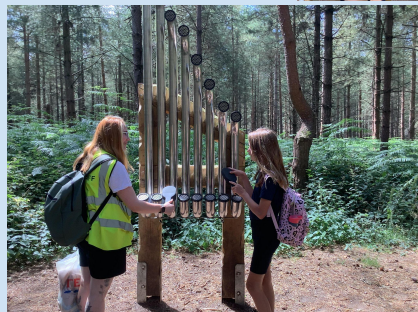
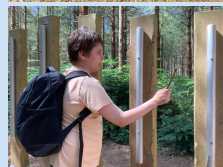


Next academic year will be the year we move to Swaffham!

This term, some pupils enjoyed a visit for the 'topping out' event, to celebrate the completion of the roof. We will continue to support pupil visits as the build progresses.



High Lodge



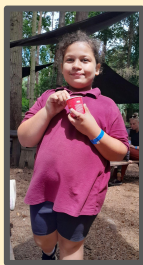
Oak, Pear, Chestnut, Pine, Willow, Orchard House and Orchard Pod had a brilliant day at High Lodge in Thetford Forest! We explored the forest trails which included the Gruffalo Trail and Music Trail. We also had lots of fun at the adventure playground with some very big slides!

Everyone had so much fun and it was wonderful to see so many smiles and hear lots of laughter too! A super end to the year!



BeWILDerwood

Ash, Maple, Cherry, Holly, Poplar and Orchard Lodge had a wonderful time at BeWILDerwood at the start of July. They were whizzing down slides, swinging together on giant swings and zipping along extra-long zip wires, as well as joining in with storytelling and creative crafts amongst other exciting things!



*A refreshing
ice-cream was also
enjoyed at the end!*





The Royal Norfolk Show



Elm, Lime, Damson, Cedar and Sixth Form enjoyed a great day at the Norfolk Show. We saw skydivers and a motorbike show in the grand ring and explored stalls, games, rides and met lots of animals.

All pupils and staff had a brilliant time as you can see from the photos!



Presentation Evening



A lovely evening was had by all celebrating the amazing achievements of some of our pupils at our second Presentation Evening!

Pupils received certificates and had the chance for some snacks, drinks and a photobooth shoot.

We are so proud of all our pupils' achievements!



Safe



Ready



Respectful

Paddy & Ralph News

Paddy and Ralph are super excited to start the summer holidays!

Paddy will be spending lots of time playing with his friends, and Ralph

Paddy and Ralph have both had so much fun with all our pupils at Fred Nicholson School this year. They are looking forward to seeing everyone again in September!





Upcoming Events

First day back at school

Wednesday 3rd September
2025

Whole school dental
screening

Monday 29th September
2025

Circus Ferrel Visit

w/c Monday 29th
September - dates of
public shows at the end of
the week TBC

Whole school flu
immunisations

Tuesday 7th October
2025

Moving On Evening (Yr 9 +)

Tuesday 14th October
2025

Individual school photos

Wednesday 15th October
2025



Friends of Freds



Photos from
our recent
picnic in the
park event!

Thanks to all
who joined us.



The Friends of Freds would like to say a big thank you for all of the support over this last academic year. We are well and truly off the ground now and are very much looking forward to September where we hope to plan a full year of events for everyone to enjoy.

If you would like to keep up-to-date with everything The Friends are doing, please search for "Friends of Fred Nicholson School" on facebook and follow our new page. Thank you!



If you have any worries over the holiday or need any support, please see the information and links below:

Children's Advice and Duty Service-Norfolk County Council 0344 800 8020

Just One Norfolk- Call Just One Number on 0300 300 0123 or text 07520 631590 www.justonenorfolk.nhs.uk

Health Advice & Support for Children & Families - Just One Norfolk > dedicated to providing children and young people's health services to the community. Find out more about this services www.justonenorfolk.nhs.uk

Food Bank – <http://www.trusselltrust.org/>

Kooth – <http://www.kooth.com/>

Mind – <http://www.mind.org.uk/>

Samaritans – 116 123

NHS website – <http://www.england.nhs.uk/>

NSPCC website – <http://www.nspcc.org.uk/>