



RSHE Curriculum Overview

Our vision as a school is 'Building for Successful Futures' which we hope to achieve through providing an RHSE curriculum that is accessible and appropriate for our pupils. Our curriculum is based on providing our young people with the skills to be ready to learn. To be ready to learn, our young people have to be able to identify and regulate their emotions, feel confident in themselves and their ability, and build strong relationships with people around them. Once they feel ready to learn, they can develop their skills on how to live a healthy and safe lifestyle. This could involve developing self help skills and to understand changes that happen as they get older. Our aim is for all our young people to have the skills and knowledge to access their wider community in a safe and appropriate way and so they can become value members of their community. Our RSHE curriculum is based on the core themes identified in the PSHE SEND Framework and encompasses the Bystanders Intervention Programme.

	Autumn		Spring		Summer	
Key Stage 2	Self Awareness	Self care, support and safety	Managing Feelings	Changing and growing	Healthy Lifestyles	The World I live in
Key Stage 3	The World I live in	Self Awareness	Healthy Lifestyles	Self care, support and safety	Managing Feelings	Changing and growing
Key Stage 4	Changing and growing	Managing Feelings	Self care, support and safety	Healthy Lifestyles	The World I live in	Self Awareness