



**This is a free service open to all young people 11-25yrs old. It is anonymous and confidential all done online. It has many helpful links and support. If you would like more information, please contact Karen Millen at the school. Below is a link offering a Free Training for young people on what Kooth can offer. This will be virtual on the 17<sup>th</sup> June 2021 between 4pm-5pm**

## **About this event**

Kooth has been commissioned to provide online, anonymous mental health and wellbeing support young people for FREE!

In this session, you will learn:

How each feature of the website works?

How to sign up

How you could benefit from accessing Kooth

How our online service and peer support community areas work

How we keep you safe when using Kooth and get your questions answered if you have any!

The session will be delivered via Zoom - Link here :

<https://zoom.us/j/94360357476>